

# REFRESH



CANYONRANCH.

LAS VEGAS • THE VENETIAN® RESORT



Step into Canyon Ranch®, one of the world's most renowned spas.

Customize your wellness journey to suit your needs. Challenge yourself with an invigorating workout at the state-of-the-art fitness center. There are endless ways to inspire your path, from massages and facials to salon and barber services. Embrace the opportunity to take some time for yourself and discover what's best for you.

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# SPA



# MASSAGES

## NEW CANDLE MASSAGE

50 / 80 minutes

Mon-Thur \$199 / 299, Fri-Sun \$209 / \$309

A beautiful experience, Seed to Skin's signature massage with a warm massage candle is profoundly relaxing. The massage candle, rich in skin conditioning ingredients including argan oil, coconut extract, and shea butter, and infused with the essence of oud wood and vanilla, is delicately poured onto the skin and massaged with slow sweeping movements.

## CANYON RANCH MASSAGE

50 / 80 / 100 minutes

Mon-Thu \$189 / \$289 / \$369, Fri-Sun \$199 / \$299 / \$379

Our signature massage is uniquely tailored to suit your needs. This full-body massage stimulates circulation and soothes tight muscles.

## DEEP TISSUE MASSAGE

50 / 80 minutes

Mon-Thur \$199 / \$319, Fri-Sun \$209 / \$319

Firm to deep pressure is applied to reach deep muscle layers and address your specific areas of concern.

## CANYON RANCH STONE MASSAGE

75 minutes

Mon-Thur \$299, Fri-Sun \$309

This therapeutic massage uses Basalt stones for a continuous flow of heat to relieve sore muscles and melt away tension and stress for deep relaxation.

## BIRTHDAY CELEBRATION MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

Celebrate your birthday (or any day) with this sweet-smelling massage that leaves your skin deliciously soft.

## HEALING THERAPY MASSAGE

50 minutes

Mon-Thur \$199, Fri-Sun \$209

This treatment helps relieve pain, relaxes muscles, and improves circulation by using HIVAMAT® 200 that is designed to generate deep therapeutic oscillation.

## SOLE REJUVENATION FOOT MASSAGE

50 minutes

Mon-Thur \$189, Fri-Sun \$199

This dedicated foot massage will melt away tension and relieve travel-weary, overworked feet.

## PRENATAL MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$329, Fri-Sun \$219 / \$339

Our Canyon Ranch Custom Massage is adapted for ultimate comfort. Ultra-rich moisturizing products are used to nourish and soothe your skin so you can get in touch with your body and your baby.

## SEASONAL FULL-BODY MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

Relax and rejuvenate with the scent of the season.

## NEW TRANQUILITY MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

An innovative treatment acting on three different sensory pathways for profound relaxation. Feel the synergy of a unique blend of essential oils, Tranquility Sound™, and relaxing massage modalities, all combined with the use of soft brushes to soothe the senses. You'll be gently guided into a state of peace and tranquility that promotes sound sleep.

## NEW THAILATES

80 minutes (25 minutes Pilates and 50 minutes Thai Massage)

Mon-Sun \$249

Let our fitness expert design your 25-minute Pilates Balanced Body Reformer workout, then receive a Thai massage from one of our massage therapists. Please wear loose-fitting clothing.

## FIT MASSAGE

80 minutes

Mon-Sun \$259 / \$269

A certified fitness trainer will perform a 30-minute Fusionetics® Movement Analysis to assess muscle strength and muscle groups that need attention. Based on your results, a massage therapist will customize a 50-minute deep tissue massage to meet your individual needs. A personalized take-home plan will be provided.

### ENHANCEMENTS

<b>AYURVEDIC HERBAL OIL</b>	\$15
Choose from three specially blended oils designed to harmonize, awaken or nourish.	
<b>PEPPERMINT FOOT SCRUB</b>	\$30
Mint-scented foot scrub that energize and restores circulation.	
<b>MOISTURIZING HAIR &amp; SCALP TREATMENT</b>	\$30
Delivers new luster, bounce and manageability to damaged or dry hair and scalp.	
<b>TENSION BALM</b>	\$30
A healing ointment is massaged into areas where muscle tightness is a concern.	

### EXCLUSIVELY FOR COUPLES

#### COUPLES RETREAT

100 minutes: 2 GUESTS Mon-Thur \$759, Fri-Sun \$779

Share a sublime experience in our couples ritual room: scalp massage, full-body exfoliation, cleansing shower and a luxurious bath for two—followed by full-body massage.

#### COUPLES SERVICES

Most spa services can be offered for couples with a \$20 per person surcharge. See our website for a full list of couple's services.

# FROM THE EAST

## ABHYANGA-SHIRODHARA

80 minutes

Mon-Sun \$299

An enhanced Abhyanga, combined with the classic treatment of a Shirodhara. Enter a light state of meditation as a stream of warm herbal-infused oil soothes the spirit and helps balance your body's energies.

## REIKI

50 minutes

Mon-Sun \$199

This Japanese technique for stress reduction and relaxation promotes healing through a light and nurturing touch. You may experience improved circulation and an overall sense of well-being. (Please wear loose-fitting clothing.)

## SHIATSU

50 / 80 minutes

Mon-Sun \$199 / \$299

A deeply relaxing whole-body tune-up. The body's energy system is stimulated by applying pressure to acupoints and along meridians to balance yin and yang.

## CHAKRA BALANCING MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

Begin with an anointment of Rose and Lotus Flower essence and the sound of chimes to clear energy and provide focus. Ayurvedic Dosha balancing oils are applied to the body's energy centers along the spine to facilitate opening and flow of energy in your chakras. Then an Ayurvedic Kansa wand is used to activate and balance your chakras. Semi-precious stones are placed on your chakras to further balance the body and provide peace and clarity to the mind. End with a Kansa foot bowl treatment to ground you for the rest of your day.

## THAI MASSAGE

50 / 80 minutes

Mon-Sun \$199 / \$299

This massage uses slow, gentle rocking movements to stretch soft tissues and harmonize vital energies. This graceful therapy is performed on a floor mat and leaves you feeling relaxed, energized, and more flexible. (Please wear loose-fitting clothing.)

## ASHIATSU MASSAGE

80 minutes

Mon-Sun \$299

The ultimate deep massage. Your therapist uses overhead bars for balance while using their feet to release sore, tight tissues and to stimulate circulation.



# BODY TREATMENTS

## BODY SCRUB

50 minutes

Mon-Sun \$189

Renew your skin with a scrub that leaves it feeling soft and velvety smooth. Choose from Revitalizing Sea Salt or Tropical.

## BODY SCRUB & FULL-BODY MASSAGE

100 minutes

Mon-Thur \$359, Fri-Sun \$369

This luxurious extended experience is the ultimate in relaxation combining our body scrub and Canyon Ranch Custom Massage.

## NEW ALCHEMIST'S RETREAT

100 minutes

Mon-Thur \$359, Fri-Sun \$369

Our signature journey starts with an uplifting, skin renewing body exfoliation with detoxifying sea salt. Afterwards, thermal mud is applied to your back, relieving tension, and recharging you with marine minerals.

Followed by a luxurious warm candle wax massage, rich in nourishing oils and natural extracts of vanilla, rose and precious oud wood. This journey is finished with a stimulating scalp massage. Both energizing and relaxing, this ritual leaves the whole body, mind, and spirit completely balanced.

## NEW AWAKENING EXFOLIATING BODY TREATMENT

50 minutes

Mon-Thur \$199, Fri-Sun \$209

Uplifting, detoxifying, nourishing. Seed to Skin's exfoliating body treatment harnesses the power of mineral-rich raw sea salt and an extraordinary blend of spirulina, shea butter, and essential oils designed to stimulate circulation, detoxify, and slough away dead skin cells. Personalized application of warm, deeply restorative probiotic body balm will release tension, soothe the senses, and nourish the skin.

## NEW BALANCING BODY TREATMENT

80 minutes

Mon-Thur \$319, Fri-Sun \$329

De-stressing, balancing, recharging. Seed to Skin's detoxifying ritual starts with gentle body brushing to invigorate the senses, boost circulation and stimulate the lymphatic system. After a thermal mud is applied on the back, relieving tension and recharging the body with marine minerals. Followed by a luxurious warm candle massage, rich in nourishing oils and natural extracts of vanilla, rose, and precious oud wood. Both energizing and relaxing, this ritual leaves the whole body, mind, and spirit completely balanced.

## NEW YON-KA® PARIS DETOXIFYING JOURNEY

80 minutes

Mon-Thur \$319, Fri-Sun \$329

Featuring the detoxifying and energy-balancing effects of the essential oils of Lavender, Everlasting and Petitgrain. This synergy of aromatics blends into a warm, bamboo and mango butter gentle scrub that safely and effectively exfoliates and hydrates the skin. A classic aromatherapeutic massage features relaxing effleurage as expert hands intensify the benefits of the essential oils. This traditional massage therapy boosts the body's microcirculation, deeply eliminates toxins, and imparts a feeling of overall wellness.

## NEW YON-KA® PARIS ENERGIZING JOURNEY

80 minutes

Mon-Thur \$319, Fri-Sun \$329

This uplifting spa treatment features the energy-boosting, sweet citrus scent of Mandarin and Sweet Orange. This synergy of aromatics begins with a warm double-sugar scrub to effectively exfoliate and nourish the skin, imparting W-boosting sunny citrus fragrance over the entire body. An energizing aromatherapeutic full-body massage includes acupressure techniques designed to eliminate blockages of the body's subtle energy or "Chi" to awaken your senses, free you from stress, and support you during times of physical or mental fatigue.

## NEW YON-KA® PARIS FIRING JOURNEY

80 minutes

Mon-Thur \$319, Fri-Sun \$329

This stimulating spa treatment features the oxygenating and energy boosting freshness of the essential oils of Cedar, Cypress and Rosemary. This synergy of aromatics begins with blending them into warm sea salt infused with red and brown algae, plus nourishing plant oils for a robust and invigorating total-body exfoliation and detoxification. A toning aromatherapeutic full-body massage includes Chinese Bamboo sticks for enhanced toning and sculpting benefits, with an emphasis of the lower body. These specialized techniques are both vibrational and gentle, bringing lightness and energy to the large muscles of the body.

## NEW YON-KA® PARIS RELAXING JOURNEY

80 minutes

Mon-Thur \$319, Fri-Sun \$329

Featuring the warm and floral notes of essential oils of Tiare Flowers and Jasmine. This synergy of aromatics blends into a warm double-sugar scrub to effectively exfoliate and nourish the skin, with sweet floral notes over the entire body. A relaxing aromatherapeutic massage features heated, mineral-rich volcanic stones that glide precisely along the back, following the contours and helping release deep muscle tension along the spine. Both vibrational and gentle, these specialized techniques bring lightness and energy to the back muscles and deep relaxation to the entire body.

### SEASONAL BODY SCRUB

50 minutes

Mon-Sun \$209

A full-body scrub leaves you relaxed and rejuvenated with the scent of the season.

### SEASONAL BODY SCRUB & FULL-BODY MASSAGE

100 minutes

Mon-Thur \$379, Fri-Sun \$389

This scent of the season duo is the ultimate in body treatment.

### PRENATAL REPLENISHING TREATMENT

80 minutes

Mon-Thur \$309, Fri-Sun \$319

For the mommy to be, let your skin be nourished with a hydrating body polish and a relaxing prenatal massage to help improve circulation and get in touch with your body and your baby.

### REFLEXOLOGY

50 minutes

Mon-Thur \$209, Fri-Sun \$219

A whole-body benefit. Your therapist will work on reflex points that correlate to the individual organs and parts of the body. Activating these reflexes helps improve circulation and promotes relaxation.

### CRANIOSACRAL THERAPY

50 minutes

Mon-Sun \$199

Using very light, sensitive touch, your therapist monitors the flow of the cerebrospinal fluid to determine where restrictions are located and gently releases them. This soothing therapy encourages optimal fluid movement throughout the body. The result is a deep sense of calm.

### SPRAY TANNING & BODY EXFOLIATION

50 minutes

Mon-Thur \$149, Fri-Sun \$159

A customized self-tanning spray service. A full-body exfoliation is performed to ensure the skin is smooth and oil-free. An organic solution is then airbrushed onto the skin, leaving it glowing.

## BODY WRAPS

### COCOON

50 minutes

Mon-Sun \$189

Experience a gentle exfoliation and soothing body treatment while you relax in a cocoon envelopment bed. Choice of seaweed detox or coconut nourish.

### COCOON & FULL-BODY MASSAGE

100 minutes

Mon-Thur \$359, Fri-Sun \$369

Your body will thank you with this luxurious cocoon plus a stress-melting massage. Choice of seaweed detox or coconut nourish.

### SEASONAL COCOON

50 minutes

Mon-Sun \$209

This cocoon features luxurious, organic products to reflect the season.

### SEASONAL COCOON & FULL-BODY MASSAGE

100 minutes

Mon-Thur \$379, Fri-Sun \$389

This scent of the season duo will delight your body and spirit.

## RITUAL BATHS

### EUPHORIA KING'S BATH

100 minutes

Mon-Thur \$359, Fri-Sun \$369

Enter a euphoric state of being with this elegant treatment designed to calm and relax your body and mind. After a soothing aromatherapy scalp massage, and a healing body scrub, you'll immerse in a soaking tub with a special aromatherapy blend. The final touch is a relaxing massage using warm herb-infused oil.

### SERENITY BATH & MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

Take time to relax. After an exfoliation to remove dry skin and stimulate circulation, revel in a soothing soak of fragrant bath salts. The service concludes with a full-body massage using an aromatic herbal oil blend. Your skin and senses are revitalized, leaving you feeling restored and renewed.





## FACIALS

### VITAMIN-C ANTIOXIDANT FACIAL

50 / 80 minutes

Mon-Thur \$199 / \$299, Fri-Sun \$209 / \$309

A powerful antioxidant facial that is scientifically researched to deliver a balance of vitamin C that promotes and supports healthy, beautiful, firmer skin. This age-defying facial focuses on diminishing the look of fine lines, hyperpigmentation, and sun damage. Concentrated antioxidants and peptides nourish and work in synergy to defend against the visible signs of aging.

### GENTLEMEN'S FACIAL

50 / 80 minutes

Mon-Thur \$189 / \$289, Fri-Sun \$199 / \$299

Soothe your skin with this facial tailored to men's skin, utilizing products specifically designed to address their unique needs. This treatment replenishes essential vitamins and nutrients, contributing to a thorough cleanse, optimal hydration, and relief from irritation.

### COLLAGEN LIFTING FACIAL

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

The VENN high-performance products in this treatment create a skincare powerhouse, integrating collagen-boosting elements and microcurrent technology. This dynamic combination works to rejuvenate the skin internally, providing a plumping effect and smoothing away fine lines and wrinkles. Effectively addressing a loss of elasticity and firmness, this facial leaves you with a revitalized, more youthful complexion.

### SEASONAL FACIAL

50 minutes

Mon-Thur \$209, Fri-Sun \$219

This effective treatment uses ingredients of the season that leave your skin replenished and rejuvenated.

### GLO2FACIAL BY GENE0

50 / 80 minutes

Mon-Thur \$219 / \$349, Fri-Sun \$229 / \$359

This breakthrough treatment taps into the body's innate superpowers. Oxfoliate™ with O2 bubbles, enhance with LUX through an advanced lite ultrasound experience, and detoxify with a rejuvenating lymphatic massage. The Glo2Facial is designed to stimulate collagen, boost hydration, refine skin texture, brighten, and diminish pigmentation. Your esthetician tailors the treatment to your skin's unique needs, focusing on promoting tightening, brightening, and overall skin health. (Please note that extraction is not included in this facial.)

### GENEO BACK FACIAL

50 minute

Mon-Thur \$269, Fri-Sun \$279

Show off your back and shoulders with our premium GENE0 back treatment. A combination of OxyPod™ technology and active ingredients addresses clogged pores, removing impurities through exfoliation. This rejuvenating, detoxifying back facial works to deep cleanse and exfoliate hard-to-reach spots with bamboo charcoal, leaving your skin looking its best.



# NEW FACIALS

## ORGANIC CUSTOM FACIAL

50 / 80 minutes

Mon-Sun \$189 / \$319, Fri-Sun \$199 / \$329

Indulge in our all-organic facial, crafted from a blend of fruits, vegetables, and herbs rich in antioxidants and vitamins. This exquisite treatment is designed to address a spectrum of skin conditions, including breakouts, rosacea, pigmentation, dehydration, and loss of vitality. Each facial is thoughtfully customized to meet your skin's unique needs.

## HYDRAFACIAL MD®

50 / 80 minutes

Mon-Sun \$285 / \$385, Fri-Sun \$295 / \$395

This noninvasive, multistep treatment combines the benefits of HydraFacial resurfacing procedure, a mild chemical peel, automated painless extractions (no pinching), and a special delivery of antioxidants, hyaluronic acid, and peptides. Enjoy real results without downtime or irritation. Contraindications include: Botox or fillers within two weeks, or pregnancy. Hydrafacial MD® is a trademark of Edge Systems, LLC.

## SOOTHE & HYDRATE FACIAL

50 / 80 minutes

Mon-Thur \$189 / \$289, Fri-Sun \$199 / \$299

Specifically designed for dry, dehydrated & sensitive skins, this soothing and hydrating facial incorporates cryocycle ice globes that will calm, soothe and de-puff your skin. This indulgent facial will leave your skin feeling instantly calmer and more hydrated.

## CANYON RANCH AGE DEFYING FACIAL

80 minutes

Mon-Thur \$319, Fri-Sun \$329

Our Radiant Age Defying facial is the ultimate in skin rejuvenation. It stimulates cellular renewal, retextures, brightens, firms, and tones the skin. After a skin consultation with your aesthetician, you will select two of the most advanced technologies available based on your skin's needs and concerns to infuse oxygen, firm, and exfoliate your skin. This luxurious facial leaves the skin looking a feeling more refreshed renewed and youthful.

## BODY + FACIAL WAXING AVAILABLE

Visit [canyonranch.com/lasvegas](http://canyonranch.com/lasvegas) for full descriptions and details.

## FACIAL ENHANCEMENTS

CUSTOM MASK	\$50
CONCENTRATED SERUM	\$35
EYE TREATMENT	\$50
LIP TREATMENT	\$50
MICROCURRENT	\$50
NECK/DÉCOLLETÉ	\$50
CRYSTAL-FREE MICRODERMABRASION	\$85
OXYGEN BOOST	\$85
DERMAFLASH	\$50
PURE LIFT ENHANCEMENT	\$85

# BEAUTY



# HAIR

HAIR DESIGN	Mon-Sun
BANG TRIM	\$25
SALON HAIRCUT	\$79
SALON CUT & STYLE	
SHORT / MEDIUM / LONG	\$139 / \$159 / \$179
BLOW DRY STYLE	
SHORT / MEDIUM / LONG / EXTRA LONG	\$59 / \$79 / \$109 / \$129
UPDO	\$119
BRIDAL UPDO	\$130

## CORRECTIVE COLOR WITH CONSULTATION

An extreme change in hair color. Using any and all hair coloring services required to correct previously colored hair or to restore hair's integrity. times and fees vary

BLEACH	\$179
FULL HIGHLIGHTS	\$189
PARTIAL HIGHLIGHTS	\$139
COLOR REGROWTH	\$99
COLOR FULL HEAD	\$169

# SPECIALTY HAIR SERVICES

## BALAYAGE

Mon-Sun \$299

A free-hand painting color technique that creates a graduated, more natural-looking highlight effect.

## BRAZILIAN BLOWOUT®

Mon-Sun \$399

This semi-permanent hair-smoothing treatment that smooths out your hair by sealing in a special keratin solution that gives you smooth frizz-free hair for up to 12 weeks.

## CANYON RANCH HAIR & SCALP TREATMENT

Mon-Sun \$189

Restore natural balance to your hair and scalp for more manageable styling and ultimate shine. A designer style completes this service.

## EXTENSION CONSULTATION

Mon-Sun \$49

A consultation with one of our specialized stylists.

## HAIR EXTENSIONS

Times & Fees Vary

Let a certified hair extension specialist create your new style with extensions for length, thickness, and non-chemical highlights.

Note: A consultation is required.

## HAIR ENHANCEMENT

### EXPRESS TREATMENT

\$35

A conditioning treatment selected for your specific needs restores balance and shine to hair.

# BARBER

Nothing feels better than a great haircut, a professional shave, or a perfect trim. Our expert barbers offer a full spectrum of services, from styling to color, that will enhance your personal style. Enjoy these services in our Barber Suite:

	Mon-Sun
BEARD TRIM & SHAVE	\$99
NECKLINE CLEANUP	\$39
HAIRCUT	\$79
HAIR COLOR	\$99
HEAD SHAVE	\$89
MUSTACHE/GOATEE TRIM	\$39
STRAIGHT-RAZOR SHAVE	\$89



## MANICURES

### CANYON RANCH MANICURE

50 minutes

Mon-Sun \$69

Take your senses on a journey as your hands enjoy a softening,fragrant soak and enjoy a manicure that pampers, restores, and refreshes.

### GEL MANICURE

65 minutes

Mon-Sun \$99

Say goodbye to nicks, chips, and smudges. All of the essentials of a perfect manicure finished with high-shine gel polish.

### SEASONAL MANICURE

50 minutes

Mon-Sun \$89

A delight to the senses that allows you to relax and escape into the fragrances of the season while your hands benefit from a soothing soak.

### DIP POLISH MANICURE

90 minutes

Mon-Sun \$119

Get stronger, lightweight and natural long-lasting nails with our easy-to-use dip powder and dip essentials. Dip powder is formulated without harsh chemicals and with added vitamins and calcium to strengthen natural nails.

### NAILS ON THE GO

25 minutes

Mon-Sun \$49

A classic groom and polish for hands in a hurry.

#### NAIL ENHANCEMENTS

##### FILLS

ACRYLIC \$89	GEL \$109	PINK & WHITE	\$109
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##### FULL SET

ACRYLIC \$129	GEL \$149	PINK & WHITE	\$149
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##### GEL POLISH REMOVAL

\$25

##### NAIL REPAIR

\$25

##### ACRYLIC NAIL REMOVAL

\$40

##### ACRYLIC CUSTOM LENGTH & SHAPE

\$20

##### NAIL ART

Fees Vary

##### FRENCH STYLE

\$15

##### POLISH CHANGE

\$30

##### ECO-FIN® TREATMENT

\$25

##### DAZZLE DRY

\$20



## PEDICURES

### CANYON RANCH PEDICURE

50 minutes

Mon-Sun \$99

A revitalizing pedicure designed to perk up even the most overtaxed feet. Gentle exfoliation is followed by a moisturizing complex that keeps feet soft.

### ULTIMATE PEDICURE

80 minutes

Mon-Sun \$139

Our Canyon Ranch Pedicure, with the added therapy of a hot stone massage on lower legs and feet, will relieve tired and achy legs.

### GEL PEDICURE

65 minutes

Mon-Sun \$119

A classic groom for your feet. Finished with a no dry time, high shine gel polish.

### FOOT RESCUE PEDICURE

50 minutes

Mon-Sun \$109

Pure Relief. We'll focus on restoring and energizing tired and over-worked feet.

### AROMATHERAPY PEDICURE

80 minutes

\$139

This pedicure helps to stimulate circulation as well as revitalize and re-mineralize tired feet. Lavender-scented towels envelope the feet to prepare for a gentle, yet thorough exfoliation using mineral-rich salts mixed with nourishing, invigorating oils. Following the exfoliation, feet are immersed in a soothing foot soak with magnesium salts and trace elements. A massage with invigorating balm concludes this revitalizing experience.

### GENTLEMEN'S PEDICURE

50 minutes

Mon-Sun \$109

Tailored to a man's needs. We'll focus on restoring and energizing tired and over-worked feet.

### SEASONAL PEDICURE

50 minutes

Mon-Sun \$110

A soothing soak will revitalize your feet while you escape into the fragrance of the season. This is followed by an exfoliation, masque, and moisturizing application.

### TOES ON THE GO

25 minutes

Mon-Sun \$69

A classic groom and polish for feet in a hurry.



## MAKEUP

### AIRBRUSH MAKEUP

45 minutes

Mon-Sun \$125

Look flawless for that special event. Combined with traditional makeup application with airbrush artistry to create a photo-finish look. Perfect for brides.

### EYES ONLY

30 minutes

Mon-Sun \$59

For the woman on the go. Let our makeup professional create stunning eyes for your special event.

### MAKEUP CREATION

45 minutes

Mon-Sun \$89

Let our makeup professional create a new look for your special event or evening out.

### LASH LIFT & TINT

120 minutes

Mon-Sun \$250

Mascara, be gone. All-natural keratin treatment that lifts, curls, and enriches the tone of your eyelashes. A great alternative to lash extensions that make your eyes bright and awake.

### LASH APPLICATIONS

Mon-Sun \$35

Have on of our expert makeup artists apply your lashes.

### LASH EXTENSIONS

Times & Fees Vary

Wake up to longer, thicker, more beautiful lashes. Semipermanent eyelash extensions will be applied to individual lashes, creating a full, natural look.

### TINTING

Mon-Sun

EYEBROW TINT

\$39

LASH TINT

\$59



# FITNESS + WELLNESS



## CHALLENGE

### DROP-IN FITNESS CLASSES

Per Class: \$20

Classes available seven days a week. See our website for details.

### PERSONAL TRAINING

25 / 50 minutes

Mon-Sun \$59 / \$99

Your one-of-a-kind body calls for a one-of-a-kind workout plan. Our personal trainers hold the industry's top certifications and have the experience that suits your needs, goals, and preference.

### ROCK WALL CLIMBING

25 / 50 minutes

Mon-Sun \$39 / \$69

Challenge your body and spirit by climbing our 40-foot indoor rock wall. Shoes and helmets are provided.

### RX FOR EXERCISE

50 minutes

Mon-Sun \$159

Kick-start an exercise program or get a fresh take on your current routine. Experts help you increase cardiovascular fitness/stamina, muscle mass, core strength, and more.

### PRIVATE YOGA

25 / 50 minutes

Mon-Sun \$59 / \$99

Find greater balance in life with this long-honored mind-body practice. Get personal guidance to help you enjoy the benefits of your yoga practice. Great for beginners or for those who want to enhance their practice..

## NOURISH

### NUTRITION CONSULTATION

50 minutes

Mon-Sun \$109

Get expert advice on everyday nutrition and how best to feed yourself and your family for optimal health and well-being. This entry-level consultation may be customized to suit your needs and interests.



# IGNITE

## COMPREHENSIVE EXERCISE ASSESSMENT

80 minutes

Mon-Sun \$199

Let us customize your workout. An exercise physiologist assesses your fitness level through five tests: cardiovascular endurance, muscular strength, muscular endurance, flexibility, and body composition, and shows you how to improve your fitness program.

## BODY COMPOSITION SCREENING

25 minutes

Mon-Sun \$79

A simple eight-minute test in our BOD POD® device will accurately measure body fat and lean body mass percentages. An exercise physiologist will review and explain your results. Please wear tight-fitting clothes.

## EXERCISE FOR WEIGHT LOSS

50 minutes

Mon-Sun \$159

Meet with a Performance Scientist at the resort for a customized program to optimize exercise time, maximize metabolism, increase lean body mass, build muscle, and promote weight loss.

## FUSIONETICS® MOVEMENT ANALYSIS

25 / 50 minutes

Mon-Sun \$59 / \$99

The evidenced-based Fusionetics approach to mitigating musculoskeletal injury risk is to perform an “impairment” based movement analysis. We will also recommend a program solution to improve movement patterns for all activities/work life and play.

# RECOVER

## COMPRESSION RECOVERY

25 / 50 minutes

Mon-Sun \$59 / \$99

Enhance blood flow and speed up recovery with compression boots.

## PERCUSSIVE RECOVERY

25 / 50 minutes

Mon-Sun \$59 / \$99

This Percussion technology device can relieve muscle soreness and stiffness, improve range of motion, promote circulation to accelerate recovery.

## RECOVERY ROOM

\$79 for 30 minutes

\$139 for 60 minutes

You will have access to the following:

- Vibroacoustic Sound therapy Chair
- Therabody smart goggles
- Therabody compression boots
- Therabody Elite

## ASSISTED STRETCH WITH PERCUSSIVE MASSAGE

\$79 for 30 minutes

## THERABODY JET BOOTS

\$49 for 15 minutes

\$69 for 30 minutes



BEYOND SPA



# AQUAVANA® EXPERIENTIAL ROOMS

Explore our suite of warm, chilled, and aquatic experiences to delight your senses and soothe your spirit. Enjoy our suggested sequence to focus on relaxation, energy, or stress relief – or customize an experience all your own.

## CRYSTAL STEAM ROOM

Cultivate calm in an aromatic steam environment that cleanses and purifies the body. A space to clear the mind, meditate, reflect, and refocus.

## EXPERIENTIAL RAINS

Step into an invigorating series of multi-sensory showers, including a Caribbean Storm, a Tropical Rain, and a romantic Cool Fog.

## FINNISH SAUNA

A classic sauna experience – healing dry heat plus soothing colored light.

## HERBAL LACONIUM

Inhale the warmth and comfort of an herbal-infused humid environment. The ideal place to delight your body and quiet your mind.

## HYDROSPA

Saturate your senses. Experience a gentle pulsating massage from a variety of fountains. Soothe sore muscles and release tension throughout your body.

## IGLOO

Three cool-air Arctic mist experiences enhanced by a fiber optic glow.

## CO-ED EXPERIENCES

### SALT GROTTO

Soothing “sea air” washes over heated benches and intimate seating niches overlooking a bubbling fountain.

### CONSERVATORY

Intimate seating, music, fresh fruit, and hot and cold beverages. A gracious space for relaxation and conversation.

### WAVE ROOM

A multi-sensory experience simulating the look and feel of breaking waves under a domed canopy.

# IN-SUITE SERVICES

## SPA

### CANYON RANCH MASSAGE

50 / 80 minutes

Mon-Thurs \$260 / \$385, Fri-Sun \$270 / \$395

## BEAUTY

### BARBER SERVICES

50 minutes

Mon-Sun

\$200

### HAIR SERVICES

50 minutes

\$200

### MAKEUP

50 minutes

\$200

### MANICURE

50 minutes

\$140

### PEDICURE

50 minutes

\$200

## FITNESS + WELLNESS

### PERSONAL TRAINER

50 minutes

Mon-Sun

\$120

### PILATES

50 minutes

\$120

### YOGA

50 minutes

\$120





## DINING VENUES

### CANYON RANCH CAFÉ

Nourish your body with the healthy, innovative fare that Canyon Ranch is famous for. The serene setting and the fresh cuisine will refresh and satisfy you. Top off your meal with organic and sustainable wine, beer, or spirits. Indulge regret-free. Located at the spa entrance of The Palazzo® tower, just off the third-floor suite elevators by The Palazzo pool entrance.

### TRUTH & TONIC WELLNESS CAFÉ (VEGAN OPTION)

The first all plant-based restaurant on the Strip. Our dishes feature clean ingredients and superfoods along with crafted healthy cocktails and fresh juices that result in a one-of-a-kind culinary experience. Located on the fourth floor of The Venetian® tower via the suite elevators near The Venetian pool deck.

### CR CREĀT™

Good. Grab. Go. For energy-boosting juices, guilt-free snacks, and nutritious salads, wraps, and sandwiches. Naturally, you'll go back for more. Located at the Grand Canal Shoppes®, on the second floor of The Palazzo tower near guest elevators.

## GENERAL INFORMATION

### DAY PASS

*(This experience is based on availability and on a first come first serve basis.)*

Hotel Guests, Tue - Thur \$75 | Fri - Mon \$100

Non-Hotel Guests, Mon - Sun \$125

Enjoy all-day access to one of the most extensive, beautifully equipped spas in North America. Immerse yourself in our exclusive Aquavana® experiential rooms and feel the healing and soothing power of water. Wander from one room to the next or follow our recommended sequence to focus on Relaxation, Energizing or Stress Relief. Workout in our extensively equipped fitness center.

### LOCATION

Facilities may be accessed from the fourth floor of The Venetian tower via the suite elevator near The Venetian pool entrance. The Palazzo tower guests may access facilities by taking the suite elevator to the third floor located near The Palazzo pool entrance.

### CANCELLATION POLICY

Cancellations must be received at least 24 hours prior to appointment time, or the full-service fee will be charged. If an appointment is rescheduled on the day of service, a charge will be assessed.

### ARRIVAL TIME

We recommend that you arrive at least an hour before your scheduled service to enjoy all our experiential amenities.

### WHAT TO BRING

You may bring fitness wear or swimwear. Shirts and closed-toe athletic shoes must be worn in the fitness area. If you forget, many items are available for purchase. Please bring your photo ID and credit card for check-in.

### TEENS

Guests ages 14-17 are welcome to access our fitness facilities when accompanied by a parent or guardian. Specific tandem massages, bodywork, and skin care services are available with a parent or legal guardian booking the same service. Rockwall is available for ages 10 and up.

### OTHER

A recommended gratuity of 15% will be added to your service, which you may modify at your discretion. A 5% non-adjustable service charge that will be added to your bill. Canyon Ranch is a non-smoking facility. Cell phone use is permitted in the lobby only.

# RESORTS & RETREAT



## TUCSON, ARIZONA WELLNESS RESORT

In the inspiring Sonoran Desert, wellness and transformation are Canyon Ranch traditions. Experts help you create a healthy path forward combining fitness, nutrition, stress management, and balanced living. Seasonal cuisine, a positive spirit, and supportive environment foster joy and growth.



## LENOX, MASSACHUSETTS WELLNESS RESORT

Discover a Berkshires haven with an everything-is-possible atmosphere. Engaging experts lead mind-body classes and year-round outdoor adventures, culinary stars create superb seasonal cuisine, and integrative wellness professionals inspire you with effective strategies and renewed empowerment.



## WOODSIDE CALIFORNIA WELLNESS RETREAT

Reconnect with nature, community, and you at our intimate retreat near San Francisco. Surrounded by the Redwood Forest, your spirit is nurtured with guided activities, fitness classes, outdoor discoveries, and inner journeys. Wellness experts inspire you, wholesome meals nourish you, and your path becomes clear.



VISIT US

Open 6am to 8pm Daily

Call 702.414.3610 to make an appointment  
or book online at [spa.canyonranch.com](http://spa.canyonranch.com).

Canyon Ranch Spa + Fitness + Beauty is accessed via the  
3rd floor of The Palazzo tower, next to the pool  
entrance and the 4th floor of The Venetian tower,  
next to the pool entrance.

CANYONRANCH®

LAS VEGAS • THE VENETIAN® RESORT