

## HOT OATS

Traditional Steel-Cut Oatmeal GF \$14  
organic oats, blueberries, toasted walnuts, cinnamon, honey

## GRANOLA, YOGURT, AND FRUITS

Melon, Greek Yogurt and House-Made Granola GF \$16  
fresh berries, sugar cube melon, honey, petite mint

## FRESH EGGS

All American Classic Breakfast\*  
2 eggs \$18 | 3 eggs \$20  
grilled red skin potatoes, uncured bacon or chicken sausage, toast and jam

Avocado Toast \$18  
grilled ciabatta, organic hard-boiled eggs, pickled red onion, micro arugula, chia seeds

Smoked Salmon Eggs Benedict\* \$22  
Atlantic cold smoked salmon, poached egg, turmeric coconut cream sauce, toasted english muffin, micro arugula

Omelet or Scramble \$18  
served with grilled red skin potatoes, toast and jam

Whole Egg

Egg White

Tofu V

Just Egg V

Customize with: spinach, tomato, bell pepper, roasted chiles, onion, cremini mushroom, and a choice of cheddar, swiss, mozzarella, or feta cheese, chicken sausage (\$2), bacon (\$2), chicken chorizo (\$2)

## CANYON RANCH FAVORITES

served with a frisée, arugula, and radicchio salad with an orange vinaigrette

Huevos Rancheros\* GF \$20  
corn tostada, 2 eggs your way, smashed black beans, avocado, queso fresco, house fire-roasted salsa

Specialty Omelets \$20  
chorizo, avocado, cilantro, cheddar, choice of toast  
bacon, spinach, red onion, cheddar, choice of toast

## HOT OFF THE GRIDDLE

French Toast \$18  
Texas toast, fresh fruit, toasted almonds, Vermont maple syrup, 2 eggs your way

## BREADS

TOASTED BREADS \$6  
whole-grain English muffin | ciabatta | whole-wheat | sourdough  
gluten-free bread | bagels - sesame, wheat, plain, everything, gluten-free everything

BREAKFAST BREADS \$8  
daily muffins | Canyon Ranch signature banana bread | coffee cake

# BREAKFAST



### NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg tr = trace (less than 1 gram)

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley) V = Vegan (contains no animal product. May contain honey.)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Scan our QR code for menu with nutritional information.